

PRESS KIT

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Jenny Smith has a passion for motivating and educating others about living the impossible through her speaking and writing.

After growing up in competitive gymnastics, she sustained a spinal cord injury at age 16. Jenny completed her master's degree in counseling psychology, then distributed wheelchairs for eight years in developing countries. For over 13 years, she supported cross-cultural workers as they served overseas.

By coming alongside people with spinal cord injuries and other chronic conditions, Jenny hopes to support and encourage individuals in their emotional, physical, and spiritual health as they adapt to life with a disability. She provides education, practical solutions, resources, and hope so people can live full and productive lives on her website JennySmithRollsOn.com.

Jenny enjoys reading historical fiction and rows with Louisville Adaptive Rowing.

She is the author of three books: *Live the Impossible: How a Wheelchair Has Taken Me Places I Never Dared to Imagine*; *The Journey: Discovering Emotional and Spiritual Health after Disability*; and *In the Shade of the Sugar Maple*.



Frequently Asked Questions

Disability

1. How did you sustain a spinal cord injury?
2. What do you want people to know about spinal cord injuries?
3. What do people most often misunderstand about disability?
4. What barriers still exist for people with disabilities today?
5. What have you learned from working with people with disabilities in developing countries?
6. What changes have you seen in disability and access?
7. What issues do you advocate for?

Writing

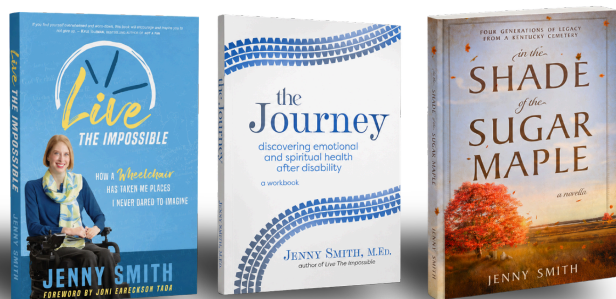
1. What inspired you to write?
2. How has your disability influenced your writing?
3. What themes appear most often in your books?
4. In fiction, how did you balance historical accuracy with storytelling?
5. What advice would you give aspiring writers?






Faith-based discussions

1. What role has faith played in your journey?
2. How can churches include people with disabilities?
3. Have you ever questioned your faith or God?
4. How can/should people with disabilities be involved in cross-cultural ministry?
5. What encouragement would you offer someone facing a difficult season?

Show/Interview Topics

- The Emotional and Spiritual Impact of Disability
- What You Want to Know About Spinal Cord Injuries: The Physical, Emotional, Sexual, and Spiritual Impact
- Welcoming People with Disabilities in the Church and Missions
- Tips for Traveling with a Disability



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