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Jenny Smith, M.Ed. *Speaker & Author*



Jenny has a passion for motivating and educating others about living the impossible through her speaking and writing. Her desire is to see people of all abilities living a full and active life.

She is trained as a counselor and serves as advocate, peer mentor and encourager.

Jenny's popular blog and YouTube channel, Jenny Smith Rolls On, explore the practical aspects of life as a quadriplegic.

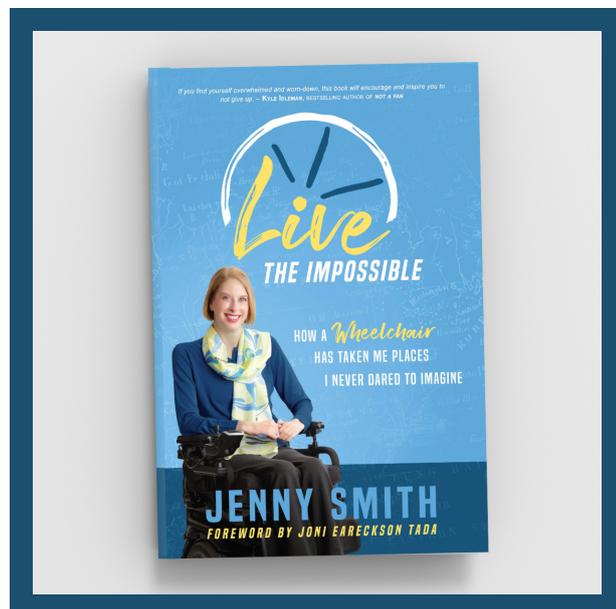
When Jenny was 16 years old, she sustained a C6-7 spinal cord injury, leaving her paralyzed from the chest down. After completing her master's degree in counseling psychology, she distributed wheelchairs for eight years in developing countries. Currently she works with a non-profit organization supporting her co-workers while they live overseas. Rowing on the Ohio River with Louisville Adaptive Rowing is one of the ways she enjoys staying physically active.



Providing education, practical solutions, resources, and hope so people can live full and productive lives.

AUTHOR

In *Live the Impossible*, Smith shares what it looks like to live with paralysis, from the everyday details most people never think about, to the countless people who have impacted her life along the way. With honesty and humor, faith and fortitude, Jenny shows us how we can all live the impossible, even when life doesn't go as planned.



SPEAKER

Jenny is a dynamic speaker and loves to share her message of motivation and education with associations, students, medical professionals, and faith-based groups.



SPEAKER TOPICS:

- Live the Impossible: How a Wheelchair Has Taken Me Places I Never Dared to Imagine
- What You Want to Know about SCI: The Physical, Emotional, Sexual and Spiritual Impact
- The Life-Changing Value of Adapted Athletics
- The Importance of Peer Mentors



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